



Lockley Learning Center Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
9/30/19 Cinnamon Pop Tart With Graham Crackers or Berry Granola Bar With Graham Crackers Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	10/1/19 Team Cheerios Bar With Graham Crackers or Fudge Pop Tart With Graham Crackers Assorted 100% Fruit Juice Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	10/2/19 Cinnamon Toast Crunch Bar With Graham Crackers or Berry Granola Bar with Graham Crackers Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	10/3/19 Team Cheerios Bar With Graham Crackers or Fudge Pop Tart With Graham Crackers Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	10/4/19 Chocolate Donut or Cinnamon Toast Crunch Bar With Graham Crackers Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk
10/7/19 Cinnamon Pop Tart With Graham Crackers or Berry Granola Bar With Graham Crackers Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	10/8/19 Team Cheerios Bar With Graham Crackers or Fudge Pop Tart With Graham Crackers Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	10/9/19 Cinnamon Toast Crunch Bar With Graham Crackers or Berry Granola Bar with Graham Crackers Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	10/10/19 Team Cheerios Bar With Graham Crackers or Fudge Pop Tart With Graham Crackers Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	10/11/19 No School 
10/14/19 No School 	10/15/19 Team Cheerios Bar With Graham Crackers or Fudge Pop Tart With Graham Crackers Assorted 100% Fruit Juice Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	10/16/19 Cinnamon Toast Crunch Bar With Graham Crackers or Berry Granola Bar with Graham Crackers Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	10/17/19 Team Cheerios Bar With Graham Crackers or Fudge Pop Tart With Graham Crackers Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	10/18/19 Powdered Sugar Donut or Cinnamon Toast Crunch Bar With Graham Crackers Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk
10/21/19 Cinnamon Pop Tart With Graham Crackers or Berry Granola Bar With Graham Crackers or Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	10/22/19 Team Cheerios Bar With Graham Crackers or Fudge Pop Tart With Graham Crackers Assorted 100% Fruit Juice Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	10/23/19 Cinnamon Toast Crunch Bar With Graham Crackers or Berry Granola Bar with Graham Crackers Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	10/24/19 Team Cheerios Bar With Graham Crackers or Fudge Pop Tart With Graham Crackers Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	10/25/19 Strawberry Turnover or Cinnamon Toast Crunch Bar With Graham Crackers Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk
10/28/19 Cinnamon Pop Tart With Graham Crackers or Berry Granola Bar With Graham Crackers or Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	10/29/19 Team Cheerios Bar With Graham Crackers or Fudge Pop Tart With Graham Crackers Assorted 100% Fruit Juice Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk Act 80 Early Dismissal	10/30/19 Cinnamon Toast Crunch Bar With Graham Crackers or Berry Granola Bar with Graham Crackers Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	10/31/19 Team Cheerios Bar With Graham Crackers or Fudge Pop Tart With Graham Crackers Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	11/1/19 Donut Stick or Cinnamon Toast Crunch Bar With Graham Crackers Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk

What is a Meal?
 You must choose at least 3 of the 4 components available for the schoolbreakfast price.

Choice of: 1 Grain or protein
 Choice of fruit or vegetable (must take at least a 1/2 cup) and
 Choice of Milk
 Choice of Milk - 1% white, fat-free white,
 You must take at least 1/2 cup of fruit or vegetable

Daily Fruit Selections
May Include:
 oranges, apples, bananas, applesauce, raisins, or 100% juice.
Daily Whole Grain Selections
May Include: Cereal, Cereal Bar, or Pop Tart, and Graham Crackers

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Harry W. Lockley Early Learning Center Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
8/26/19 Chicken Tender Fritters with Whole Grain Roll or Turkey & Cheese Bagel	8/27/19 Corn Dog Nuggets or Canes Yogurt Combo	8/28/19 Chicken Soft Taco or Crispy Chicken Wrap	8/29/19 Sloppy Joe's or Grilled Chicken Wrap	8/30/19 Cheese Pizza or Turkey & Cheese Hoagie
Featured Veggies: Baby Carrots & Ranch Sliced Cucumber Choice of Fruit Choice of Milk	Featured Veggies: Steamed Peas Red Pepper Strips Choice of Fruit Choice of Milk	Featured Veggies: Refried Beans Steamed Corn Choice of Fruit Choice of Milk	Featured Veggies: Steamed Broccoli Celery Sticks Choice of Fruit Choice of Milk	Featured Veggies: Romaine Salad Red Pepper Strips Choice of Fruit Choice of Milk
9/2/19 No School	9/3/19 Italian Meatballs & Cheese On a wg Roll or Ham & Cheese Croissant	9/4/19 Fiestada Pizza or Italian Wrap	9/5/19 Orange Chicken Over Brown Rice or Hurricane Hoagie	9/6/19 Pepperoni Pizza or Fish Sandwich
	Featured Veggies: Sweet Potato Waffle Fries Chick Pea Salad Choice of Fruit Choice of Milk	Featured Veggies: Cucumber Slices Celery Sticks Choice of Fruit Choice of Milk	Featured Veggies: Steamed Broccoli Grape Tomatoes Choice of Fruit Choice of Milk	Featured Veggies: Romaine Salad Steamed Peas Choice of Fruit Choice of Milk
9/9/19 Popcorn Chicken with Whole Grain Roll or Turkey Lunch Pack	9/10/19 Cheeseburger On a wg Bun or Pizza Hoagie	9/11/19 Walking Taco with Whole Grain Roll or Italian Cold Cut Hoagie	9/12/19 Baked Ziti Garlic Knot or Taco Wrap	9/13/19 Personal Pizza or French Bread White Pizza
Featured Veggies: French Fries Baby Baby Carrots Choice of Fruit Choice of Milk	Featured Veggies: Baked Beans Celery Sticks Choice of Fruit Choice of Milk	Featured Veggies: Steamed Corn Grape tomatoes Choice of Fruit Choice of Milk	Featured Veggies: Romaine Salad Red Pepper Strips Choice of Fruit Choice of Milk	Featured Veggies: Spinach Salad Sliced Cucumbers Choice of Fruit Choice of Milk
9/16/19 Chicken Patty On a wg Bun or Turkey & Cheese Bagel	9/17/19 WG Pancakes With Ham or Grilled Chicken Wrap	9/18/19 Nachos Grande Over Tortilal Chips or Ham & Cheese Croissant	9/19/19 Toasted Cheese Sandwich or Hurricane Hoagie	9/20/19 Stuffed Crust Pizza or Canes Yogurt combo
Featured Veggies: Sweet Potato Fries Celery Stick Choice of Fruit Choice of Milk	Featured Veggies: Potato Triangles Cucumber Slices Choice of Fruit Choice of Milk	Featured Veggies: Taco Beans Steamed Corn Choice of Fruit Choice of Milk	Featured Veggies: Fresh Broccoli Tomato Soup Choice of Fruit Choice of Milk	Featured Veggies: Romaine salad Grape Tomatoes Choice of Fruit Choice of Milk
9/23/19 Chicken Tender Fritters with Whole Grain Roll or Turkey & Cheese Wrap	9/24/19 Macaroni & Cheese With a Dinner Roll or Crispy Chicken Wrap	9/25/19 Hot Dog or Italian Wrap	9/26/19 French Toast Sticks With Sausage Patties or Canes Pizza Combo	9/27/19 Fish Shapes with Whole Grain Roll or Pepperoni Pizza
Featured Veggies: Fries Celery Sticks Choice of Fruit Choice of Milk	Featured Veggies: Steamed Broccoli Florets Red Pepper Strips Choice of Fruit Choice of Milk	Featured Veggies: Baked Beans Baby Carrots Choice of Fruit Choice of Milk	Featured Veggies: Hash Brown Red Pepper Strips Choice of Fruit Choice of Milk	Featured Veggies: Cole Slaw Spinach Salad Choice of Fruit Choice of Milk

What is a Meal?
Students Will be served 5 components
A minimum of 1/4 cup serving of fruit
and a minimum of a 1/2 cup of
vegetable must accompany a
reimbursable lunch
Daily Milk choices Include:
Skim, 1% Chocolate and 1 % White

**Daily Fruit Selections
May Include:**
oranges, apples, bananas, grapes,
pears, peaches, cantaloupe, melon,
strawberries, applesauce, pineapple
and mandarin oranges

Daily Entree Options: Sunbutter
& Jelly with Cheese Stick,

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