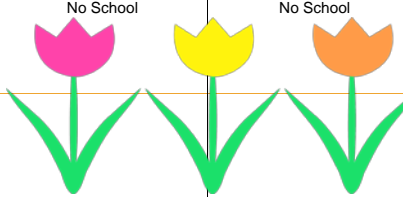





Croton Pre-K Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
4/1/19 Zucchini Bread or Assorted Whole Grain Breakfast Cereal Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	4/2/19 Pancake Bites or Assorted Whole Grain Breakfast Cereal Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	4/3/19 Waffles or Assorted Whole Grain Breakfast Cereal Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	4/4/19 Chocolate Chip Loaf or Assorted Whole Grain Breakfast Cereal Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	4/5/19 Strawberry Pancakes or Assorted Whole Grain Breakfast Cereal Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk
4/8/19 Banana Bread or Assorted Whole Grain Breakfast Cereal Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	4/9/19 Mini French Toast or Assorted Whole Grain Breakfast Cereal Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	4/10/19 Cinnamon Cream Cheese Bagel or Assorted Whole Grain Breakfast Cereal Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	4/11/19 Cheesestick or Assorted Whole Grain Breakfast Cereal Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	4/12/19 Strawberry Yogurt or Assorted Whole Grain Breakfast Cereal Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk
4/15/19 Banana Bread or Assorted Whole Grain Breakfast Cereal Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	4/16/19 Berry French Toast or Assorted Whole Grain Breakfast Cereal Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	4/17/19 Strawberry Bagel or Assorted Whole Grain Breakfast Cereal Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	4/18/19 No School  4/19/19 No School	
4/22/19 No School 	4/23/19 Pizza Bagels or Assorted Whole Grain Breakfast Cereal Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	4/24/19 Maple Pancakes or Assorted Whole Grain Breakfast Cereal Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	4/25/19 Maple French Toast or Assorted Whole Grain Breakfast Cereal Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	4/26/19 Cheese Stick or Assorted Whole Grain Breakfast Cereal Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk
4/29/19 Zucchini Bread or Assorted Whole Grain Breakfast Cereal Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	4/30/19 Birthday Cake Pancakes or Assorted Whole Grain Breakfast Cereal Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	5/1/19 Cinnamon Waffles or Assorted Whole Grain Breakfast Cereal Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	5/2/19 Yogurt or Assorted Whole Grain Breakfast Cereal Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk	5/3/19 Mini Pancakes or Assorted Whole Grain Breakfast Cereal Assorted Fresh Fruit or Assorted Canned Fruit or Assorted Dried Fruit Choice of Milk

What is a Meal?
 You must choose at least 3 of the 4 components available for the schoolbreakfast price.

Choice of: 1 Grain or protein
 Choice of fruit or vegetable (must take at least a 1/2 cup) and
 Choice of Milk
 Choice of Milk - 1% white, fat-free white,
 You must take at least 1/2 cup of fruit or vegetable




Daily Fruit Selections
May Include:
 oranges, apples, bananas, applesauce, raisins, or 100% juice.
Daily Whole Grain Selections
May Include: Cereal, Cereal Bar, or Pop Tart, and Graham Crackers

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Croton Pre K Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
4/1/19 Chicken Nuggets with Whole Grain Roll	4/2/19 Cheeseburger On a wg Bun	4/3/19 Grilled Chicken Wrap	4/4/19 Salsbury Steak	4/5/19 Mozzarella Stuffed Breadstick with Marinara Dip
Featured Veggies: Tater Tots Baby Carrots Choice of Fruit Choice of Milk	Featured Veggies: Sweet Potato Fries Cole Slaw Choice of Fruit Choice of Milk	Featured Veggies: Black Bean Salad Steamed Corn Choice of Fruit Choice of Milk	Featured Veggies: Mashed Potatoes Steamed Green Beans Choice of Fruit Choice of Milk	Featured Veggies: Romaine Salad Steamed Broccoli Choice of Fruit Choice of Milk
4/8/19 Popcorn Chicken with Whole Grain Roll	4/9/19 Toasted Cheese Sandwich	4/10/19 Walking Taco with Whole Grain Roll	4/11/19 Chicken Patty on a Bun	4/12/19 French Bread White Pizza
Featured Veggies: French Fries Baby Baby Carrots Choice of Fruit Choice of Milk	Featured Veggies: Cucumber Slices Tomato Soup Choice of Fruit Choice of Milk	Featured Veggies: Steamed Corn Grape Tomatoes Choice of Fruit Choice of Milk	Featured Veggies: Tater tots Baked Beans Choice of Fruit Choice of Milk	Featured Veggies: Spinach Salad Steamed Peas Choice of Fruit Choice of Milk
4/15/19 Turkey & Mozzarella Sandwich	4/16/19 Roasted Turkey with Dinner Roll	4/17/19 Stuffed Crust Pizza	4/18/19 No School Spring Break	4/19/19 No School Spring Break
Featured Veggies: Baby Carrots Celery Stick Choice of Fruit Choice of Milk	Featured Veggies: Mashed Potatoes Green Beans Choice of Fruit Choice of Milk	Featured Veggies: Tossed Salad Cucumber Slices Choice of Fruit Choice of Milk		
4/22/19 No School Spring Break	4/23/19 Turkey & Cheese Wrap	4/24/19 Sloppy Joes	4/25/19 Chicken Burrito	4/26/19 French Toast Sticks With Sausage Patties
	Featured Veggies: Sweet Potato Tots Celery Sticks Choice of Fruit Choice of Milk	Featured Veggies: Baked Beans Red Pepper Strips Choice of Fruit Choice of Milk	Featured Veggies: Steamed Corn Fresh Broccoli Choice of Fruit Choice of Milk	Featured Veggies: Hash Brown Green Pepper Strips Choice of Fruit Choice of Milk
4/29/19 Chicken Nuggets with Whole Grain Roll	4/30/19 Cheeseburger On a wg Bun	5/1/19 Nachos	5/2/19 Ham & Cheese Hoagie	5/3/19 Pepperoni Pinwheel
Featured Veggies: French Fries Baby Carrots Choice of Fruit Choice of Milk	Featured Veggies: Baked Beans Cole Slaw Choice of Fruit Choice of Milk	Featured Veggies: Steamed Corn Fresh Broccoli Choice of Fruit Choice of Milk	Featured Veggies: Tater Tots Cucumber Sliced Choice of Fruit Choice of Milk	Featured Veggies: Romaine Salad Red Pepper Strips Choice of Fruit Choice of Milk

What is a Meal?
Students Will be served 5 components
A minimum of 1/4 cup serving of fruit
and a minimum of a 1/2 cup of
vegetable must accompany a
reimbursable lunch

**Daily Fruit Selections
May Include:**
oranges, apples, bananas, grapes,
pears, peaches, cantaloupe, melon,
strawberries, applesauce, pineapple
and mandarin oranges

Daily Entree Options: Sunbutter
& Jelly with Cheese Stick,

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