



March

New Castle Area School District Lunch Menu PreK thru Grade 3

Monday	Tuesday	Wednesday	Thursday	Friday
1 Milk Fruit Assorted Sandwich Roll Baked Potato Salisbury Steak	2 Milk , Fruit PB & J Sandwich Roll Hash Brown Green Eggs and Ham	3 Milk Fruit Turkey & Cheese Hoagie Carrot sticks Cole Slaw Chicken Dinner w/roll	4 Milk Italian Ice Fruit Assorted Sandwich Tossed salad w/ dressing Homemade Chili w/ roll	5 Milk , fruit fruit roll up Tuna Salad Wrap Augratin Potatoes Fish Nuggets with roll
8 Milk ,Fruit Turkey & Cheese Hoagie Vegetable Chicken Sandwich on a Whole Grain Bun	9 Milk Fruit Assorted Sandwich Baked Beans Hot Dog on Whole Grain Bun	10 Milk Fruit Egg Salad Sandwich Bkd Doritos Tossed salad w/ dressing Barbeque Ham Sandwich	11 Milk ,Fruit Assorted Sandwich Roll Vegetable Whole Grain Chicken Nuggets BBQ sauce	12 NO SCHOOL TODAY
15 NO SCHOOL TODAY	16 Milk Fruit Assorted Sandwich Steamed Broc w/ cheese Whole Wheat Pizza	17 Milk ,Fruit Tuna Salad Sandwich Celery Sticks w/ranch Tossed salad w/ dressing Sloppy Joe Sandwich Go for The Greens	18 Milk ,Fruit Ham Sandwich w/let & cheese Augratin Potatoes Chicken Parmesan Sandwich	19 Milk Fruit Italian Ice Tuna Salad Sandwich Roll Carrot sticks Macaroni & Cheese
22 Milk Fruit Italian Ice Assorted Sandwich French Fries Baked Turkey and Cheese	23 Milk ,Fruit Assorted Sandwich Baked Doritos Reduced Fat Augratin Potatoes Ham Sandwich	24 Milk Fruit Ham & Cheese Wrap Tossed salad w/ dressing Meatball Sandwich With Cheese	25 Milk ,Fruit Assorted Sandwich Vegetable Roll Whole Grain Chicken Nuggets	26 Milk Fruit Egg Salad Sandwich Iced Animal Crackers Carrot sticks Egg and Cheese
29 Milk ,Fruit Italian Ice Assorted Sandwich Bread Stick w/garlic Tossed Salad w/ dressing Spaghetti with meat sauce	30 Milk Fruit Assorted Sandwich Potato Rounds Cheeseburger on a Whole Grain Bun	31 Milk Fruit Assorted Sandwich Roll Baked Potato Meatloaf w/ gravy	Meat / Meat alternate Bread Fruit & Vegetable Milk You must take 3 items to qualify for a school meal	

Menus subject to change



What is the only common vegetable that is only sold fresh, never canned, frozen, cooked or processed in any way?

answer found on menu



Running, walking, and biking keep your heart strong. A happy, healthy heart pumps blood and oxygen from your head to your toes

