



New Castle Area School District Lunch Grade 4 thru 12

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Milk Fruit</p> <p>Turkey & Cheese Hoagie Roasted Potato wedges Baked Beans Cheeseburger on a Wheat Bun</p>	<p>4</p> <p>Milk Fruit</p> <p>Turkey and Cheese Wraps Chef Salad w/Dressing & Roll Tossed salad w/ dressing Hot Dog on Wheat Bun</p>	<p>5</p> <p>Milk Fruit</p> <p>Ham Sandwich w/let & che Whole Wheat Pizza Chicken Fajita Salad & Roll w french fries Au gratin Potatoes Submarine Sandwich</p>	<p>6</p> <p>Milk Fruit</p> <p>Submarine Sandwich Chef Salad w/Dressing & Roll Rice Pilaf Tossed salad w/ dressing Ham & Cheese Wrap</p>	<p>7</p> <p>Milk Fruit</p> <p>Hot Ham and Cheese Bagel Whole Wheat Pizza Sherbet Potato Smiles Pizza Boat</p>
<p>10</p> <p>Milk Fruit</p> <p>Turkey and Cheese Wraps Whole Wheat Pizza Mash Potatoes With Gravy Chicken Dinner with roll</p>	<p>11</p> <p>Milk Fruit</p> <p>Ham and Cheese Hoagie Chef Salad w/Dressing & Roll Vegetable Barbeque Ham Sandwich</p>	<p>12</p> <p>Milk Fruit</p> <p>Turkey and Cheese Wraps Whole Wheat Pizza Hash Brown Sherbet Steak & Cheese Hoagie</p>	<p>13</p> <p>Milk Fruit</p> <p>Turkey & Cheese Hoagie Chef Salad w/Dressing & Roll Tossed salad w/ dressing Spanish Rice Cheeseburger on a Wheat Bun</p>	<p>14</p> <p>NO SCHOOL TODAY</p>
<p>17</p> <p>Milk Fruit</p> <p>Ham Sandwich Whole Wheat Pizza Vegetable Chicken over bisquit</p>	<p>18</p> <p>Milk Fruit</p> <p>Turkey & Cheese Hoagie Chef Salad w/Dressing & Roll Baked Beans Submarine Sandwich</p>	<p>19</p> <p>Milk Fruit</p> <p>Pep. & Cheese Sandwich Whole Wheat Pizza Scalloped Potatoes Sherbet Whole Grain Chicken Nuggets</p>	<p>20</p> <p>Milk Fruit</p> <p>Ham and Cheese Hoagie Chef Salad w/Dressing & Roll Tossed salad w/ dressing Hot Ham and Cheese Bagel</p>	<p>21</p> <p>Milk Fruit</p> <p>Tuna Salad Sandwich Whole Wheat Pizza Hash Brown B B Q Rib Sandwich</p>
<p>24</p> <p>Milk Fruit</p> <p>Turkey & Cheese Hoagie Whole Wheat Pizza Baked Beans Cheeseburger on a Wheat Bun</p>	<p>25</p> <p>Milk Fruit</p> <p>Pep. & Cheese Sandwich Chef Salad w/Dressing & Roll Spanish Rice with beans Steamed Broc w/cheese Turkey & Cheese Hoagie</p>	<p>26</p> <p>Milk Fruit</p> <p>Hot Ham and Cheese Bagel Whole Wheat Pizza Potato Smiles Sherbet Sloppy Joe Sandwich</p>	<p>27</p> <p>Milk Fruit</p> <p>Bologna and Cheese Sandwich Chef Salad w/Dressing & Roll Tossed salad w/ dressing Ham and Cheese Hoagie</p>	<p>28</p> <p>Milk Fruit</p> <p>Ham Sandwich Whole Wheat Pizza French Fries Baked Meatball Sandwich With Cheese</p>
<p>31</p> <p>NO SCHOOL TODAY</p>	<p>Being active also gives your skin a healthy glow.</p>	<p>4 Strawberries,1 Banana,1 small container vanilla yogurt 1 cup orange juice and a few ice cubes. Place in blender until thick for a healthy after school snack</p>	<p>Try washing and freezing seedless grapes. They make a great snack when you want something cold and sweet.</p>	<p>Meat /Meat alternate Bread Fruit & Vegetable Milk You must take 3 items to qualify for a school meal</p>

Menus subject to change

In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against write immediately to Dept. of Agriculture, Wash. DC 20250.